



'Honorable Mention' at the Marin County 2010 Fair. Inspiration: Freda Kalo, artist.

Linda uses and sells –  
Koi® watercolors, Gelly Roll® and Pigma  
Micron® ink pens.

*Interested in Linda's art or collage  
individual or group classes?*

*Wish to explore and clarify your career or  
personal goals?*

Contact Linda Lyon at: 510-471-8557

## ABOUT THE ARTIST

Linda Lyon resides in Union City, CA. She is a certified Life Coach, cancer survivor, and a marketing and public relations consultant.

The theme of the Linda's art display is:  
"Peace, Love and Connection"

*"The more we focus on Peace, Love, and our connection to each other, our community and our planet Earth, the more positive an environment we can create."*

The term '*Art expression*' best describes her approach to art. Linda believes that everyone can be an artist, and uses magazines to create collages that are focused on a theme.

The collage process is simple... and can develop –

- recognition of meaningful images
- awareness of personal inspiration
- appreciation of self and interests

Collage art expression can help –

- focus on personal or career goals
- share experiences or memories
- boost calm - reduce stress or anxiety

This is just one method Linda uses in her life coaching practice.

Linda took her first art class in 2009 with Cathy Lyn Harrison, a Niles Fremont artist and teacher who now resides in Florida.